



Allwood & Associates

TRAINING AND CONSULTING GROUP

Consulting, Coaching & Training Services Directory

Specialising in a range of NGO, NFP
and Government Sector Services

**BRINGING
YOUR POTENTIAL
INTO FOCUS**

TRAINING SERVICES

LEADERSHIP & MANAGEMENT

- Effective Leadership & Management Practices
- Project Management Essentials
- Successful Change Management
- Building High Performance Teams
- Coaching Skills for Managers & Team Leaders
- Managing Challenging People
- Strategic, Action Planning & Risk Management
- Effective NGO Board Governance
- Manage People, Performance & Feedback
- Continuous Quality Improvement
- Management Style, Team Dynamics & Culture

COUNSELLING & CLIENT WORK

- Health & Wellness Coaching Skills
- Effective Case Management
- Co-occurring Alcohol & Other Drugs & Mental Health Issues
- Solution-Focussed Brief Therapy (SFBT)
- Cognitive Behavioural Therapy (CBT)
- Motivational Interviewing (MI)
- Interpersonal Psychotherapy (IPT)
- Working with Challenging, Resistant Clients

CONSULTING SERVICES

- Strategic / Action Planning
- Organisational Reviews
- NGO Capacity Building
- Organisational Development
- Management Consulting
- Change Management
- Integrated HR Strategies
- Team Facilitation /Development
- Performance Management
- Board Development
- Organisational Psychology
- Resource Development
- Program / Service Evaluation
- 360 Degree Surveys

CUSTOMISED IN-HOUSE TRAINING

Customise it!

Ask us about customising in-house training to meet your organisation's requirements.

Available in all cities & regional areas.

Fee dependent on venue & numbers.

Course descriptions available online

Contact us for an obligation free quote

Allwood & Associates
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Discounts for
NGOs / NFPs

- **Critical Incident Management**
- **Leading Psychosocial Groups**
- **Dialectical Behavioural Therapy (DBT)**
- **Acceptance & Commitment Therapy (ACT)**
- **Narrative Therapy (NT)**
- **Trauma Informed Care & Practice**
- **Psychological First Aid**
- **Working with Young People**
- **Applying Mindfulness Approaches**

WORKSKILLS & PERFORMANCE

- **Conflict Resolution & Mediation**
- **Advanced Group Facilitation**
- **Manage Frontline Client Service Challenges**
- **Professional Business Writing**
- **Presenting with Confidence**
- **Effective Workplace Communication**
- **Self Leadership – Time & Stress Management**
- **Client Confidentiality, Consent & Ethics**
- **Emotional Intelligence for Teams**



WWW.ALLWOODASSOCIATES.COM.AU

NGO BOARD DEVELOPMENT

- **Board governance training**
- **Board policy & procedures manual**
- **Strategic & business action planning**
- **Board development & governance support**



NGO / NFP LEADERSHIP & MANAGEMENT COACHING PROGRAM

- Suitable for CEOs, Directors, Managers, Team Leaders, Supervisors
- Fast track your management development
- Tailored, 6 month spaced program
- Delivered in small teams or one-on-one
- Highly qualified leadership coaches with sector experience
- Evidenced-based approaches & models
- Goal setting, action learning & workplace-based projects
- Address blockages to achieving organisational results
- Includes: performance management, risk management, change management, planning, shifting culture, systems, team building, leadership styles.

WHY CHOOSE US?

- NGO / NFP & Govt sector experts
- Value for money
- Customised, targeted services
- Comprehensive needs analysis
- All services evaluated
- Aligned with best practice
- Evidence-based
- Culturally appropriate

**ADDITIONAL
SERVICES
AVAILABLE ON
REQUEST**

**Contact us now!
02 8399 0358**

WE WORK WITH A WIDE RANGE OF SECTORS:

- ✓ **Local, State, Commonwealth Government**
- ✓ **Non-Government Organisations / Not-For-Profit**
- ✓ **Private Sector Businesses Delivering Government-Funded Programs**
- ✓ **Health, Sexual Health, HIV / Hepatitis C**
- ✓ **Drug & Alcohol, Mental Health**
- ✓ **Welfare, Housing, Homelessness**
- ✓ **Disability, NDIS, Aged Care, Vocational Rehabilitation**
- ✓ **Youth, Children, Families, Women, Domestic Violence**
- ✓ **Justice, Advocacy, Unions, Legal**
- ✓ **LGBTQI, CALD, Multicultural, Refugees**
- ✓ **Aboriginal Community-controlled Organisations**
- ✓ **Education, Community, Volunteers**

In-house training available throughout Australia including regional and remote areas



We acknowledge Aboriginal and Torres Strait Islander people as the traditional custodians of the land, and pay respect to their Elders past and present.

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